## **Military Mindset**



The current events have made us realise that our present life and our previous life in the military hold a number of similarities.....

Covid-19 Situation	Military Life
Limited Toilet roll in the shops	In the military you never had any toilet paper
Lots of tinned food and dried food	In the military ration packs were always tinned and dried food
Being told what to do all the time by authority	In the military you were used to taking orders
Social distancing rules limit group sizes	In the military you were ordered into groups or defined size of groups
Some people are panicking	In the military you were used to watching others panic
People struggling with information changing constantly.	In the military you were used to instructions always changing.
People struggling with information being out of date when they get it.	In the military this was a normal occurrence
Some people are struggling with authority telling what they can or can't do in their free time.	In the military you did not always get free time, and even then, you were normally told what to do.
Some people are struggling with having to queue in an orderly manner and at a distance.	In the military you were used to standing in long queues just get fed.
Some people are struggling with the concept of having to use a mask.	In the military you were used to carrying your mask around at all times. (Remember the wordsBE IN TIME MASK IN NINE)
Some people are struggling with their weekend plans being disrupted.	In the military you were used to your evenings and weekends getting "cancelled". Be it because of a block inspection or other reasons such as the whole Regiment getting called out on 2-hour notice "Active Edge"
Some people are struggling with public places for food and alcohol being closed	In the military you were used to your favourite bar being "OFF LIMITS"
Some people are struggling with limited time allowed outdoors	In the military you were used to having curfews.
Some people are struggling with not being allowed to travel freely	In the military you were used to travel restrictions changing constantly.



## **Military Mindset**



## Military Guide to Coronavirus Etiquette

- Don't be jack (selfish) Do not take more rations or stores than you need or you could get banged out and others will not get their fair share.
- 2. Don't flap (panic) Take a tactical step back, have a Condor moment (a little think), analyse the situation and formulate your (battle) plan.
- 3. Don't be crabby (dirty) and dhobi (wash) make sure you shower every day or at least wash your hands for 20 seconds as needed throughout the day. Don't touch your face... or you will be on the flank and may spread the infection.
- 4. Don't wrap (give up) you might be a bit tired, a bit hungry and a bit threaders (upset) in self-isolation but you can still get things done (tidy those drawers, clean that fridge).
- 5. Cheerfulness in the face of adversity don't drip (complain), the only thing more contagious than COVID-19 is negativity.



